

Is dietary energy density associated with adiposity in children? (DGAC 2010)

Conclusion

Moderately strong evidence from methodologically rigorous longitudinal cohort studies of children and adolescents suggests that there is a positive association between dietary energy density and increased adiposity in children.

Grade: Moderate-Strong

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades, [click here](#).

Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [Is dietary energy density associated with adiposity in children?](#)

Search Plan and Results

What were the search parameters and selection criteria used to identify literature to answer this question? For more information, click on the Search Plan and Results link below.

[Is dietary energy density associated with adiposity in children?](#)